

Step 1: Assessment

Gather data about your patient's nutrition status.



Step 2 : Diagnosis

Identify the most relevant nutrition problem in your patient.

Express this to the care team by stating the **PROBLEM** related to its **ETIOLOGY** as evidenced by the **SIGNS & SYMPTOMS**



Step 4: Monitoring & Evaluation

Set goals with your patient and **regularly monitor their progress.**



Re-evaluate periodically - AKA, re-assess. This is how the NCP continues.

Step 3: Intervention

Implement an appropriate intervention to address the nutrition diagnosis.

